

# WELCOME TO —WEST END KITCHEN

5 Panton Street, SW1Y 4DL

Tel: 020 7839 4241

*Serving good home made food since 1958.*

## Appetisers

1	Soup of the day	£2.10	2	Fried Mushroom & Tartar Sauce	£2.10
3	Garlic Bread	£2.00	4	Fried Scampi & Tartar Sauce	£3.00
7	Bruschetta	£2.50	5	Garlic Bread with Cheese	£2.30
4	Smoked Mackerel	£3.00	6	Avocado & Prawns	£3.95
7	Three Colour Salad	£2.50	8	Avocado & Vinaigrette	£2.50
8	Small Tuna Fish & Bean Salad	£2.50	10	West End Kitchen Prawn Cocktail	£3.20
9	Egg Mayonnaise	£1.80	12	Mozzarella in Carozza	£2.10
11	Pâté Maison & Toast	£2.10	10	Spaghetti Bolognese	£3.20
10	Spaghetti Napolitana	£3.20			

**Bread and Butter Extra £0.90p**

## Omelettes

13	Plain Omelette & Chips	£4.90	15	Spanish Omelette & Chips	£5.20
14	Omelette With One Filling & Chips	£5.20	14	Tomato Omelette & Chips	£5.20

Fillings: Cheese, Mushroom, Ham, Bacon, Onion (Extra Filling £0.60p)

Without Chips £1.00 less than marked price

## The All Day Breakfast

16	A Traditional Breakfast with Sausage, Bacon, Fried Egg, Baked Beans, Chips and Toast.	£5.95
----	---	-------

## Pastas

17	Spaghetti Bolognese	£4.70	18	Penne Arrabiata or Amatriciana with Ham	£4.95
19	Spaghetti Napolitana	£4.50	20	Penne with Chicken & mix Peppers	£5.50
21	Spaghetti Carbonara	£4.95	22	Pasta Shells al Pesto with Mushrooms	£4.95
23	Spaghetti or Risotto Seafood	£5.50	24	Pasta Shells with Tuna & Olives	£4.95

## Main Courses

### Meat Dishes

**All the following dishes are served with a choice of two vegetables or mixed salad;**

**with chips or mash potatoes or roasted potatoes or boiled potatoes or rice.**

25	Sirloin Steak 8oz	£9.95	26	Fried Liver with Onion and Sage	£4.75
27	Sirloin Steak 8oz with Fried Egg	£10.45	28	Grilled Liver and Bacon	£5.50
29	Pork Fillet with Rosemary Sauce	£6.95	30	Chicken Escalope	£5.10
31	Gammon Steak and Pineapple	£5.95	32	Chicken Kiev	£6.75
33	Grilled Breast of Chicken with Bacon	£5.95	34	Beef Stroganoff	£6.50
35	Grilled Lamb Cutlets	£9.95	36	Breast of Chicken Maryland	£5.95
37	Mixed Grill (Lamb Cutlet, Sirloin Steak, Liver, Bacon, Grilled Tomato and Fried Egg)	£10.45			
97	Pique A Lo Macho (Fried Beef, Chips, Egg, Sausage, Onion, Olives, Peppers, Cheese)	£10.00			
98	Silpancho (Beef Escalope, Rice, 2 Fried Eggs, Potatoes, Tomatoes, Onion, Carrot)	£8.50			

**MAJOR CREDIT CARDS ACCEPTED OVER £10.00**

**CHEQUES ACCEPTED OVER £5.00 WITH CHEQUE GUARANTEE CARD**

**SERVICE NOT INCLUDED**

**(ALL MENU DISHES AVAILABLE FOR TAKE AWAY)**

## Fish Dishes

38 Cod Fish Cake	£4.95	39 Grilled Sardines	£5.50
40 Fried Scampi & Tartar Sauce	£5.95	41 Grilled Trout	£6.50
42 Fried Cod	£5.95	43 Grilled Sea Bass	£10.95
44 Grilled Salmon Steak	£6.80		

## Vegetarian Dishes

45 Aubergines Parmagiana	£5.30	19 Spaghetti Napolitana	£4.50
22 Pasta Shells al Pesto with Mushrooms	£4.95		

## Extras

46 Carrots, Cabbage, Peas, Roasted Potatoes, Boiled Potatoes or Chips			£1.30
---	--	--	-------

## Large Salads

47 Egg	£4.00	48 Cheese & Apple	£4.50
49 Cheese	£4.20	50 Chicken & Mayonnaise	£4.95
51 Smoked Mackerel	£4.95	52 Nicoise	£4.95
53 Avocado & Prawns	£5.50	54 Avocado & Mozzarella	£4.95
55 Cottage Cheese & Pineapple	£4.65	56 Tuna Fish & Bean Salad	£4.95

## Side Salads

57 Mixed	£2.10	58 Carrot	£2.10
59 Tomato & Onion	£2.10	60 Green	£2.10

## Desserts

61 Pancakes & Ice Cream	£2.30	62 Apple Crumble & Custard	£2.10
63 Pancakes, Banana & Ice Cream	£3.20	64 Apple Crumble & Ice Cream	£2.70
65 Banana Split	£2.60	66 Crème Caramel	£2.10
67 Peaches & Cream	£2.10	68 Jelly & Cream	£2.10
65 Peaches & Ice Cream	£2.60	65 Jelly & Ice Cream	£2.60
69 Golden Syrup Sponge Cake with Custard	£2.10		
70 Ice Cream Two Scoops of Your Choice (Vanilla or Chocolate)			£2.20

Chocolate or Caramel Sauce extra £0.50p

Extra Cream or Ice Cream £1.00p

## Cheese & Biscuits

71 Choose from: Cheddar, Danish Blue or Camembert			£2.60
---	--	--	-------

MAJOR CREDIT CARDS ACCEPTED OVER £10.00  
CHEQUES ACCEPTED OVER £5.00 WITH CHEQUE GUARANTEE CARD  
SERVICE NOT INCLUDED  
(ALL MENU DISHES AVAILABLE FOR TAKE AWAY)

## Hot Drinks

72	Coffee	£1.40	73	Decaffeinated Coffee	£1.40
74	Espresso	£1.20	75	Hot Chocolate	£1.80
76	Cappuccino	£1.60	77	Tea	£1.00
78	Café Latte	£1.40	79	Glass of Milk	£1.00
80	Flavoured Tea (Peppermint, Lemon or Camomile)				£1.00

## Soft Drinks

81	Coke, Diet Coke, 7 UP, Fanta or Pepsi Cola				£1.00
82	Orange Juice				£1.60
83	Mineral Water 500ml, Sparkling Water 500ml				£1.00

## Wines

### **WHITE WINE**

House White

90	£2.30 per glass 125ml
91	£6.50 per ½ bottle
92	£10.95 per bottle

### **Chardonnay, Italian**

*Dry, delicate, fragrant and fruity*

84	£2.40 per glass 125ml
85	£6.50 per ½ bottle
86	£11.50 per bottle

### **Encostas Do Bairro, Portugal**

*Fruity, well balanced with a young fine taste*

87	£2.50 per glass 125ml
88	£6.95 per ½ bottle
89	£11.95 per bottle

### **Terras D'el Rei, Portugal**

*Fruity aroma with a fresh and balanced taste*

87	£2.50 per glass 125ml
88	£6.95 per ½ bottle
89	£11.95 per bottle

### **Neblina Sauvignon Blanc, Chile**

*Youthful, lively and fresh with a zesty citrus palate*

86	£13.95 per bottle
----	-------------------

### **Pinot Grigio IGT Veneto Bacaro, Italy**

*Floral aromas and soft citrus flavours with hints of honey*

86	£13.95 per bottle
----	-------------------

### **ROSÉ**

#### **Charamba, Portugal**

*Intense fresh and delicate wine with raspberry and cherry notes, very fruity and persistent.*

86	£13.95 per bottle
----	-------------------

### **RED WINE**

House Red

90	£2.30 per glass 125ml
91	£6.50 per ½ bottle
92	£10.95 per bottle

### **Shiraz, Italian**

*Well balanced and harmonic flavour ideal for red meats*

84	£2.40 per glass 125ml
85	£6.50 per ½ bottle
86	£11.50 per bottle

### **Encostas Do Bairro, Portugal**

*Produce from traditional grapes with a smooth taste*

87	£2.50 per glass 125ml
88	£6.95 per ½ bottle
89	£11.95 per bottle

### **Terras D'el Rei, Portugal**

*Ripened red fruit in the nose with medium body in the mouth*

87	£2.50 per glass 125ml
88	£6.95 per ½ bottle
89	£11.95 per bottle

### **Neblina Merlot, Chile**

*Excellent with a soft juicy body & a long elegant finish*

86	£13.95 per bottle
----	-------------------

### **Terra Brisa Malbec/Bonarda, Argentina**

*A good structure and complex finish with ripe red fruit.*

86	£13.95 per bottle
----	-------------------

## Beers

93	Carlsberg (Danish)	£2.40	94	Sagres (Portuguese)	£2.40
95	San Miguel (Spanish)	£2.70	96	Super Bock (Portuguese)	£2.40

**MAJOR CREDIT CARDS ACCEPTED OVER £10.00**  
**CHEQUES ACCEPTED OVER £5.00 WITH CHEQUE GUARANTEE CARD**  
**SERVICE NOT INCLUDED**  
**(ALL MENU DISHES AVAILABLE FOR TAKE AWAY)**